

# Exercise 11

Get down names of folks you'd like to consider for your team—and why you want them on your team. Suggestions follow; of course you don't need every person below for your team:

- ☞ Friends
- ☞ Relatives
- ☞ Pastor, priest, rabbi, lay church counselors
- ☞ Therapist
- ☞ Physician
- ☞ Coach
- ☞ Lawyer
- ☞ CPA
- ☞ Groups (AA, Al-Anon; Weight Watchers, etc.)

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